

Food: Eating Habits: Teaching Suggestions

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N.B. In these notes 'TT' means 'Teaching Tip'. These tips are written in plain, jargon-free English and are designed to help new teachers. They are available on TEFL.NET

Activity 1

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1. Get a student to read the instructions and the vocabulary out loud (TT2) and check that the students understand the instructions (TT3).

N.B. You don't need to explain the new vocabulary to the class - the students will discover the meaning of the new words as they do the exercise.

2. Check pronunciation (TT4).
3. Get the students to complete the exercise with their partner, speaking together in English (TT5). Tell them to guess the answers if they don't know some of them (TT6).
4. Stop the activity (TT7).
5. Get the students to check their answers together in pairs or small groups (TT13).
6. Get feedback (TT8).
7. **Answers:**
 1. **drinking through a straw**
 2. **hot food**
 3. **eating with chopsticks**
 4. **chips**
 5. **chocolate**
 6. **chewing gum**
8. Consolidate pronunciation (TT4).

Activity 2

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1. Put the students into pairs (TT1).
2. Get a student to read the instructions out loud (TT2) and check that they are clear (TT3).
3. Deal with vocabulary queries (TT9).
4. Get students to work individually and guess what their partner's answers might be to the true or false questions.
5. When they have finished show them how to make questions from the statements. Example:
 1. My partner can eat with chopsticks.
*Can you eat with chopsticks?*Elicit (TT 12) the other questions or let the students form them spontaneously as they have their conversation together. Whatever you think best.
 2. *Do you think fast food is bad for you?*
 3. *Are you a fussy eater?*
 4. *Are you addicted to chocolate?*
 5. *Did you like green vegetables when you were a child?*
 6. *Do you like people who chew chewing gum?*
 7. *Are you allergic to any types of food?*
 8. *Do you like hot food?*
 9. *Do you think it's wrong to eat between meals?*
6. Let the students begin their conversation, speaking together in English (TT5). Encourage students to build the conversation in a natural way by asking supplementary questions of their own as long as they are relevant to the topic.
7. Monitor (TT10).
8. Stop the activity (TT7).
9. Get feedback (TT8).
Ask the students how many of their guesses were right to see how well they know their partner.
10. Do some error correction (TT11).
11. Consolidate pronunciation (TT4).

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Activity 3

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1. Put the students into pairs or small groups (TT1).
2. Get a student to read the instructions out loud (TT2) and check that they are clear (TT3).
3. Let the students read the questions then deal with vocabulary queries (TT9).
4. Give the students time to brainstorm vocabulary (TT15).
5. Let the students begin their conversation, speaking together in English (TT5).
6. Monitor (TT10).
7. Stop the activity (TT7).
8. Do some error correction (TT11).
9. Consolidate pronunciation (TT4).

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